

TOILETING, SANITISATION AND INTIMATE CARE POLICY

Toileting

Children from 3 years+ will be attending the Marsa Sports Club (MSC) Summer Camp. Consequently, the youngest children would have just finished their first Kindergarten year and hence, it is expected that these children are already toilet trained. Nonetheless, the Marsa Sports Club Summer Camp shall be following a basic procedure, as defined in this policy, to assist 3-to-5-year old's to further develop their toileting skills.

Each group having children aged 3-5 years will have a designated Assistant Coach. Children at this tender age will seek an adult to bond with and who can be a point of reference, comfort and support. This role will be performed by a fit for purpose Assistant Coach who will have a designated group to care for. This Assistant Coach will be with one particular group all the time during the rotation of the sports activities. This designated Assistant Coach will soon become familiar with the children's routines and will soon learn to recognise different signs of when a child would need to go to the toilet. All children will be supervised at all times hence at no point will the children be left alone to go to the bathroom but they will be accompanied by an adult who will mainly be the designated Assistant Coach. Team Leaders will also be around the premises at all times and they will be trained and equipped to provide a helping hand when a group of young children are seen going to the toilet, if this will be required. In the bathroom, the children will be supervised at all times as well.

This shall serve as an opportunity to further train these young children with their toileting skills as well as with toilet hygiene rules. Our main aim is to scaffold learning so that the children may develop independent skills. The children's privacy will be respected and they will be taught not to lock the bathroom door so the Assistant Coach can assist if required. They will also be trained to wash their hands properly after finishing from the toilet. Furthermore, the Marsa Sports Club Summer Camp toilets will be equipped with a child-sized toilet seat and/or toilet stool to facilitate the toileting process for the young ones. The toilet seats shall be sanitised after each use and this will be part of the toilet routine which will be supervised by adults.

The Marsa Sports Club will be cleaning the toilets regularly with appropriate detergents and disinfectants.

Sanitisation

In today's new reality following a pandemic, our children are well trained to sanitise their spaces and tools. This has become a common standard practice in all schools across Malta and Gozo and during extra-curricular activities or during activities taking place after school hours. Therefore, at the end of each session there will be a 15-minute time period where the children with support and under supervision by the Coaches and Assistant Coaches will sanitise the equipment and the space.

Premises and resources will be cleaned daily using appropriate products. The children will be directed by their coaches and Assistants to regularly sanitise their hands as required.

The Marsa Sports Club Summer Camp will have various sanitisation stations set up across the premises for easy access and the washing of hands will be encouraged at regular intervals. Furthermore, sanitisation wipes and gloves will be available to staff to use as necessary.

Intimate Care

It is the policy of MSC to involve the child in their intimate care and to try to encourage the child's independence as far as possible in his/her intimate care. Where a child would need toileting assistance, he/she will be accompanied to the toilet by two staff members who will wait outside and/or assist as required and as indicated in this policy.

Where a child has "wet" or "soiled" him/herself, he/she will be accompanied to the toilet by two staff members. The child will be afforded the opportunity to change him/herself into the underwear and/or fresh set of clothes provided (which should be available in the respective child's backpack). The child will be assisted as required and as indicated in this policy. Parents/Guardians will be informed.

Where a child would need to change his swimwear to wear his/her clothes after swimming sessions, he/she will be accompanied to the toilet or changing rooms by two staff members who will wait outside. The child will be afforded the opportunity to change him/herself into his/her underwear & into his/her fresh set of clothes provided (which should be available in the respective child's backpack). Should the child ask for assistance he/she will be assisted according to this policy.

We will treat every child with dignity and respect and at all times will ensure privacy appropriate to the child's age and situation. We will try to involve the child in his/her own intimate care, where appropriate. We will endeavour to ensure that our practice in intimate care is consistent. Parents/guardians will be notified accordingly.